



## Welcome

It's almost November and closing in on the end of 2009. This is the time of year that Cape Town really comes into it's own. The sun comes out, as do the visitors from all over the world. And who can blame them? With the winelands, beaches, Table Mountain and the peninsula sights, as well as the hip city centre, Cape Town really is an urban paradise. Hence we're so happy to be here. And we do think you should pay a visit, if you haven't experienced it for yourself lately. Or even if you have!



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## A Cape Town New Year

Whatever you're thinking of doing on the last night of 2009, we do hope it's in Cape Town. The city will be alive with celebrations, with plenty options to choose from. Some of the big ones are the 5FM Waterfront Rooftop bash, with the station's top DJ's performing all night. Heritage Square also hosts a stylish party with the bubbly flowing all night. And if you're into something quieter, the cable car runs all night, so you can see the New Year in from the top of iconic Table Mountain. Either way, we recommend you plan now to avoid disappointment.



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## Upcoming Highlight

Whisky Live is the biggest whisky event on the calendar. It's happening from 4 – 6 November at the CTICC. Get all the info and tickets on this great whisky appreciation event via [www.whiskylivefestival.co.za](http://www.whiskylivefestival.co.za).



## The Black Book.....where are we going to this month.

### EAT

Run by a former private chef to the stars, **Cheyne's** on Bree Street is unusual in that the menu rarely has more than three items available. For lunch, the beef burger with tzatziki is a winner, but don't go expecting the same thing as the menu changes daily. The small space is sparsely but stylishly furnished and becomes a private dining menu at night, where Chef Cheyne Morrisby will tailor a menu for your own exclusive dinner party.

108 St. Stephens Church, Bree St. 021 422 3358.

### READ

**The Book Lounge** is the book shop for the literati set of Cape Town. Not only does it stock the most recently published books in everything from design to food to fiction, but it has a loyal following amongst the locals for its varying schedule of book launches, poetry readings and more. Stop by for a browse and you might stumble across a famous author giving a reading.

71 Roeland Street. 021 462 2425.

### DRINK

If you're in Cape Town and looking for a spot loved by locals and visitors alike, head out to the **Polana** in Kalk Bay. A tapas bar and restaurant, the lounge area is literally situated on the rocks and something quite special. In winter there's a log fire to keep you warm, and in summer, with the windows open, you feel you can reach out and touch the whales. Head there for lazy Sunday drinks to ease the weekend away.

Kalk Bay Harbour. 021 788 4133.

### GIFT

If you need to send a thank you to someone during or after your stay in Cape Town, do it with flowers. **Stalk of the Town** is an eclectic bunch of floral creatives that are true experts in the business of fresh flowers. Aside from providing flowers to top hotels and corporates, they can whip up a gift bunch that will suit your exact requirements.

25 Yew St, Satriver. 021 447 9970.